

Place	Time	Name	Team	Category	Race No	Grading
1	00:15:14	NAVESEY, Paul	City of Portsmouth AC	Senior Men	84	87.1
2	00:16:03	BARNES, Kieran	Crawley AC	Senior Men	6	80.9
3	00:16:14	BURKE, Bradley	Horsham Blue Star Harriers	Senior Men	14	80.0
4	00:16:27	KNAPP, Jamie	Brighton & Hove City AC	Senior Men	62	79.1
5	00:17:06	LUETCHFORD, Alex	Hunters Bog Trotters	Senior Men	68	75.9
6	00:17:25	DORRINGTON, Ash	Brighton Phoenix	Senior Men	30	76.6
7	00:17:31	WITHECOMBE, Will	Hastings Runners	Senior Men	140	76.2
8	00:17:51	OPPE, Dan	Lingfield RC	Senior Men	90	76.3
9	00:18:03	USSHER, Michael	Lewes AC	Vet Men 55-59	127	87.1
10	00:18:16	BURRELL, Jonathan	Lewes AC	Vet Men 55-59	17	86.0
11	00:18:22	COOMBER, Izzy	Lewes AC	Senior Women	162	80.4
12	00:18:24	RAWLINSON, Alexander	Brighton & Hove City AC	Senior Men	108	70.6
13	00:18:30	ROBERTS, James	Meads Runners	Vet Men 40-44	114	75.1
14	00:18:34	KINGDON, Jamie	Uckfield Runners	Senior Men	59	70.0
15	00:18:40	RAWLING, John	Horley Harriers Running Club	Vet Men 40-44	107	74.5
16	00:18:46	BEACH, Eileen	Hastings AC	Senior Women	8	78.7
17	00:18:48	VAUGHAN, Dan	Arena 80 AC	Vet Men 45-49	128	77.8
18	00:19:00	RIX, Michael	Worthing & District Harriers	Vet Men 50-54	113	77.7
19	00:19:08	SHANAHAN, Tara	Arena 80 AC	Vet Women 50-54	161	87.3
20	00:19:23	HERBERT, Jonathan	Burgess Hill Runners	Vet Men 50-54	157	78.5
21	00:19:40	GOODHEAD, Jamie	Burgess Hill Runners	Vet Men 45-49	41	74.4
22	00:19:44	FRY, Sue	Eastbourne Rovers AC	Vet Women 45-49	33	82.9
23	00:19:44	LEMAN, Freya Mary	Brighton & Hove City AC	Vet Women 40-44	67	78.4
24	00:19:46	PEARCE, Freda	Eastbourne Rovers AC	Junior Girls U14	158	83.4
25	00:19:47	MARTIN, Erica	Brighton Phoenix	Vet Women 35-39	74	76.2
26	00:19:49	LUMBER - FRY, Fin	Eastbourne Rovers AC	Junior Boys U14	70	75.3
27	00:19:51	CARTER, Luke	Arena 80 AC	Senior Men	19	68.6
28	00:19:55	DAY, Oliver	Burgess Hill Runners	Vet Men 55-59	154	77.6
29	00:19:57	NOAKES, Martin	Hastings Runners	Vet Men 55-59	87	78.8
30	00:20:10	STEPHENS, Adam	Worthing & District Harriers	Vet Men 45-49	122	72.6
31	00:20:10	CLARK, Andy	Arena 80 AC	Vet Men 50-54	20	73.7
32	00:20:12	WESTON, Ian	Polegate Plodders	Vet Men 55-59	133	77.1
33	00:20:18	WOOD, Phil	Run Wednesdays	Vet Men 45-49	141	72.1
34	00:20:22	CHERRY, Toby	Team Cherry	Junior Boys U14	148	70.8
35	00:20:24	WHITE, Des	Exmouth Harriers AAC	Vet Men 60+	136	83.1
36	00:20:36	LUMBER, Liz	Eastbourne Rovers AC	Vet Women 55+	69	84.8
37	00:20:46	RICHARDSON, Oscar		Senior Men	172	62.5

38	00:20:50	MANWILL, Michael	Lingfield RC	Vet Men 45-49	73	68.7
39	00:20:51	KNIGHTS, Rebecca	Arena 80 AC	Vet Women 40-44	63	73.2
40	00:20:52	BLOWERS, Kevin	Hastings Runners	Vet Men 55-59	10	75.9
41	00:20:53	BURGESS, Rachel	Arena 80 AC	Vet Women 45-49	13	78.3
42	00:20:56	ADAMS, Richard	Lingfield RC	Vet Men 40-44	173	66.4
43	00:20:58	JEFFRIES, Neil	Hastings Runners	Vet Men 60+	156	76.8
44	00:21:09	TURLEY, Nigel	Lonely Goats RC	Vet Men 60+	124	76.1
45	00:21:23	STRINGER, Will	Great Expectations	Senior Men	151	60.7
46	00:21:23	YOUNG, Robert		Vet Men 50-54	167	69.0
47	00:21:25	GASSON, Paul	Arena 80 AC	Vet Men 60+	35	79.1
48	00:21:28	GASSON, Rosie	Brighton & Hove City AC	Junior Women 14-17	36	73.5
49	00:21:29	PRINCE-ILES, David	Lewes AC	Vet Men 60+	101	78.9
50	00:21:35	BARTON, Carl	Hailsham Harriers	Vet Men 40-44	7	65.3
51	00:21:37	PLAYFOOT, Tim	Wadhurst Runners	Vet Men 60+	99	77.0
52	00:22:07	PEARCE, Fintan	Eastbourne Rovers AC	Junior Men 14-17	159	62.0
53	00:22:08	ALLEN, Tony	Lingfield RC	Vet Men 55-59	3	69.8
54	00:22:10	MAY, Taryn	Heathfield RRC	Vet Women 50-54	76	74.5
55	00:22:13	HUGHES, Jenny	Arena 80 AC	Vet Women 55+	52	83.4
56	00:22:16	RAE, Susan	Hastings Runners	Vet Women 55+	105	84.3
57	00:22:27	HUSBANDS, Jessica	Hunters Bog Trotters	Senior Women	53	65.8
58	00:22:29	ANDREWS, Jonathan	Run Wednesdays	Vet Men 55-59	4	69.3
59	00:22:33	VUILLEMEY, Luke		Senior Men	176	57.7
60	00:22:38	COLLARD-WOOLMER, Odette	Dover Road Runners AC	Vet Women 40-44	22	68.8
61	00:22:48	MUIR, Isobel	Arena 80 AC	Vet Women 40-44	81	67.9
62	00:22:53	HILDER, Ian	Lewes AC	Vet Men 60+	49	70.4
63	00:22:56	NAYLOR, Chris	Arena 80 AC	Vet Women 55+	85	87.2
64	00:23:07	PARRIS, Alfred		Junior Men 14-17	93	58.2
65	00:23:09	PRYDE, Derek		Vet Men 55-59	102	66.7
66	00:23:12	PLAYLE, Lee		Vet Men 55-59	100	68.2
67	00:23:24	RAVEN, Derek	Portslade HedgeHoppers	Senior Men	106	55.6
68	00:23:33	SMITH, Maria	Heathfield RRC	Vet Women 45-49	165	67.3
69	00:23:37	DEXTER, Sean	Heathfield RRC	Vet Men 60+	28	68.2
70	00:23:44	FORDHAM, Stuart	Triumphant Trio	Vet Men 50-54	169	62.7
71	00:23:48	PAGE, Bob	Arena 80 AC	Vet Men 60+	177	68.8
72	00:23:56	SMITH, Gary	Hailsham Harriers	Vet Men 50-54	119	62.6
73	00:24:02	RAWLINSON, Paul	Portslade HedgeHoppers	Vet Men 60+	110	68.1
74	00:24:03	BEGAN, Kevin		Vet Men 45-49	9	60.4
75	00:24:04	MCFALL, Martin		Vet Men 50-54	77	62.2

76	00:24:06	YEATES, Nicky	Arena 80 AC	Vet Women 55+	142	80.8
77	00:24:16	GRAHAM, James	BRT Bexhill Runners and Triathletes	Vet Men 50-54	175	62.2
78	00:24:23	PARRIS, Hector		Junior Boys U14	94	61.2
79	00:24:41	HAFFENDEN, Tim		Vet Men 45-49	166	58.0
80	00:24:41	CHERRY, Andrew	Team Cherry	Vet Men 50-54	146	60.2
81	00:24:45	HARRISON PETTIT, Wilf	Great Expectations	Senior Men	150	52.5
82	00:24:48	NOTTIDGE, David	Lingfield RC	Vet Men 60+	88	67.1
83	00:24:57	IDE, Philip	South London Harriers	Vet Men 60+	56	68.5
84	00:25:06	HEATON, Graeme	Heathfield RRC	Vet Men 60+	47	64.1
85	00:25:10	GIBBONS, Michael	Arena 80 AC	Vet Men 60+	38	65.6
86	00:25:11	AVEY, Terry	Brighton Phoenix	Vet Men 60+	5	69.4
87	00:25:22	WATKINS, Ian	Lingfield RC	Vet Men 60+	54	63.5
88	00:25:23	SMITH, Wendy	Lingfield RC	Vet Women 50-54	120	67.3
89	00:25:39	CRAWFORD, Marie	Hastings Runners	Vet Women 45-49	25	61.8
90	00:25:45	TURLEY, Penny	Lonely Goats RC	Vet Women 55+	125	75.7
91	00:25:52	HEDGES, Glen		Senior Men	48	50.5
92	00:25:59	RAWLINSON, Charlotte	Portslade HedgeHoppers	Senior Women	109	56.8
93	00:26:05	WHITE, Alison	Exmouth Harriers AAC	Vet Women 55+	135	76.7
94	00:26:11	HANNAM, Connie	Eastbourne Rovers AC	Junior Women 14-17	43	58.3
95	00:26:12	PUGH, Rebecca		Senior Women	103	56.4
96	00:26:18	SPILLER, Ruth	Hastings Runners	Vet Women 55+	121	67.2
97	00:26:36	PUXLEY, Helen	Hove Hornets	Vet Women 50-54	104	63.5
98	00:26:42	MALONEY, Fenella	Run Wednesdays	Vet Women 50-54	71	64.7
99	00:26:52	FINE, Juliet	Arena 80 AC	Vet Women 50-54	31	61.5
100	00:26:54	GOODHEAD, Emma	Burgess Hill Runners	Vet Women 50-54	40	61.4
101	00:26:58	WILKES, Debbie	Lingfield RC	Vet Women 55+	138	74.2
102	00:27:17	O'SULLIVAN, Helen	Hailsham Harriers	Vet Women 45-49	89	57.6
103	00:27:24	GARNER, Sue	Lingfield RC	Vet Women 55+	34	81.6
104	00:27:32	MARTEN, Chace		Junior Boys U14	145	54.2
105	00:27:40	MILLYARD, Michael		Vet Men 60+	79	61.3
106	00:27:44	BOOTH, Sue		Vet Women 55+	11	72.1
107	00:27:46	PIPER, Mark	Lingfield RC	Vet Men 55-59	98	56.1
108	00:27:49	PHILLIPS, Peter	Lingfield RC	Vet Men 60+	97	60.9
109	00:27:50	MCKENZIE, Stuart	Run Wednesdays	Senior Men	78	48.6
110	00:28:02	MARTEN, Vincent		Junior Boys U14	144	51.5
111	00:28:14	RICH, Alan	Run Academy Worthing	Vet Men 60+	111	62.6
112	00:28:15	RICH, Pauline	Run Academy Worthing	Vet Women 55+	112	81.5
113	00:28:17	DE LUCA, Donna	Lingfield RC	Vet Women 35-39	26	53.3

114	00:28:28	PANK, Bob	Lingfield RC	Vet Men 60+	92	63.8
115	00:28:39	COTTINGHAM, David	The Old Crocks	Vet Men 60+	24	57.6
116	00:28:51	WESTON, Sally	Polegate Plodders	Vet Women 55+	134	60.6
117	00:29:04	HEARN, Nick		Vet Men 60+	46	55.4
118	00:29:08	DEWDNEY, Mark		Vet Men 55-59	27	53.5
119	00:29:14	JAMES, Sue	Tonbridge AC	Vet Women 55+	57	72.2
120	00:29:14	NEWMAN, Alan	Tonbridge AC	Vet Men 60+	86	58.5
121	00:29:21	BRATBY, David	Hastings Runners	Vet Men 60+	153	56.7
122	00:29:23	SCOTT, Jacqueline	Hastings Runners	Vet Women 45-49	117	55.6
123	00:29:26	MARZAIOLI, Sarah	Hastings Runners	Vet Women 55+	75	73.8
124	00:29:28	WEST, David		Vet Men 55-59	131	52.9
125	00:29:44	UNDERWOOD, Gillian		Vet Women 55+	126	60.1
126	00:29:54	GOODHEAD, Hannah		Senior Women	152	49.4
127	00:30:14	IDE, Jacqui		Vet Women 50-54	55	54.6
128	00:30:21	KASPERUK, Shaun	Great Expectations	Vet Men 60+	149	52.6
129	00:30:29	MARTEN, Paula		Vet Women 50-54	143	55.4
130	00:30:47	GIBBONS, Christine	Arena 80 AC	Vet Women 55+	37	63.3
131	00:31:10	LAPOSOVA, Martina		Senior Women	64	47.4
132	00:31:26	BURNS, Andrew	The Old Crocks	Vet Men 60+	15	51.2
133	00:31:32	CANNAN-BRANIFF, Fergus		Vet Men 40-44	18	44.1
134	00:31:33	EVANS, Micheal		Vet Men 60+	155	51.0
135	00:31:37	WHEELER, Sharon	Crowborough Runners	Vet Women 55+	168	59.4
136	00:31:41	JENKINS, Peter	Worthing Striders	Vet Men 60+	58	55.8
137	00:31:58	HARVEY, Grace		Junior Girls U14	45	62.9
138	00:31:59	HARVEY, Dave		Vet Men 40-44	44	43.8
139	00:32:39	FORDHAM, Erin	Triumphant Trio	Junior Women 14-17	170	48.3
140	00:32:41	WILKES, Pete	Uckfield Runners	Vet Men 60+	171	58.4
141	00:32:46	LE BEAU, Chris	Seaford Striders RC	Vet Men 60+	65	56.3
142	00:32:50	WILLMENT, Lynda	Lingfield RC	Vet Women 55+	139	53.9
143	00:33:08	WILKES, Dave	Lingfield RC	Vet Men 60+	137	55.7
144	00:33:38	MORRISSEY, Richie		Vet Men 60+	80	54.9
145	00:34:15	KITSON, Irene	Hastings Runners	Vet Women 55+	60	60.0
146	00:34:15	WEST, Emma		Senior Women	132	43.1
147	00:34:45	GILBERT, Barry	Wadhurst Runners	Vet Men 60+	39	53.1
148	00:35:12	COLLIER, Barbara		Vet Women 55+	23	56.8
149	00:35:51	BURNS, Wendy	The Old Crocks	Vet Women 55+	16	51.7
150	00:36:00	CHERRY, Jess	Team Cherry	Junior Women 14-17	147	42.4
151	00:36:27	ROPER, Tom	Seaford Striders RC	Vet Men 60+	115	46.5

152	00:36:49	SOUTHGATE, Catherine	Hastings Runners	Vet Women 45-49	174	42.7
153	00:39:21	GREENLAND, Ruby		Junior Girls U14	164	47.2
154	00:39:21	GREENLAND, Lee		Senior Men	163	33.9
155	00:39:40	PARRIS, Karen		Vet Women 50-54	95	41.6
156	00:40:50	LOCKE, Roger	Lancing Eagles RC	Vet Men 60+	160	53.4
157	00:42:03	KITSON, Terry	Hastings Runners	Vet Men 60+	61	41.5
158	00:54:43	DOBBS, David		Vet Men 60+	178	37.9