



Kings Head Canter 5K

Monday 31 August 2015. 11:00 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Grading</i>	<i>Race No</i>	<i>Race Place</i>
1	0:15:22	PEPPER, Jon	Team Canter for Sight	Senior Men 84.43%	201	1
2	0:15:26	BRISTOW, Howard	Brighton & Hove City AC	V40 Men 87.34%	34	2
3	0:15:35	ROJAS, Kevin	Brighton & Hove City AC	Senior Men 83.25%	36	3
4	0:15:42	GUILMANT, Josh	Team Canter for Sight	Senior Men 82.63%	1	4
5	0:16:07	SAVILL, Ben	Team Canter for Sight	Senior Men 80.50%	232	5
6	0:16:12	TURNER, James	Brighton & Hove City AC	Senior Men 80.08%	37	6
7	0:16:16	BRADFORD, David	Team Canter for Sight	Senior Men 79.75%	203	7
8	0:16:39	ACAYE, Patrick	Brighton Phoenix	Senior Men 77.92%	118	8
9	0:16:55	DONNO, Andrew	Brighton & Hove City AC	Senior Men 76.69%	74	9
10	0:16:57	SIDA, Lewis	Team Canter for Sight	V45 Men 83.10%	235	10
11	0:17:16	ELLICOCK, Mike	Team Canter for Sight	V40 Men 78.07%	251	11
12	0:17:27	MULLEN, Russ	Team Canter for Sight	Senior Men 74.35%	215	12
13	0:17:48	VAUGHAN, Dan	Arena 80 AC	V40 Men 77.39%	26	13
14	0:18:03	MARTIN, James	Lewes AC	Junior Men 71.87%	144	14
15	0:18:05	MULLEN, Tom	Team Canter for Sight	Senior Men 71.74%	254	15
16	0:18:11	BURRELL, Jonathan	Team Canter for Sight	V50 Men 81.20%	224	16
17	0:18:15	BRADFORD, Matt	Team Canter for Sight	Senior Men 71.35%	202	17
18	0:18:18	MACLELLAN, Donald	Brighton Phoenix	V40 Men 75.82%	99	18
19	0:18:19	VELECKY, Alan	Team Canter for Sight	V45 Men 78.69%	264	19
20	0:18:20	LOWDEN, John	Team Canter for Sight	V55 Men 85.59%	216	20
21	0:18:25	PROTO, Emily	Arena 80 AC	Senior Women 78.16%	143	21
22	0:18:31	WATSON, Jim	Arena 80 AC	V45 Men 74.93%	3	22
23	0:18:35	BAKER, Tobias	Team Canter for Sight	Junior Men 69.81%	206	23
24	0:18:40	ROLLINGS, Emma	Team Canter for Sight	Senior Women 77.79%	255	24
25	0:18:40	COFFEY, Chris	Team Canter for Sight	Senior Men 69.50%	269	25
26	0:18:42	BAKER, James	Team Canter for Sight	Junior Men 69.38%	204	26
27	0:18:45	COOMBER, Izzy	Team Canter for Sight	Senior Women 76.77%	237	27
28	0:18:48	BENETT, Colin	Lewes AC	V45 Men 76.67%	116	28
29	0:18:52	HOYTE, Reuben	Brighton Phoenix	Junior Men 68.76%	125	29
30	0:18:53	JACKSON, Alan	Team Canter for Sight	V45 Men 76.33%	239	30
31	0:18:55	GREEN, Mike	Team Canter for Sight	V40 Men 73.35%	210	31
32	0:18:57	HOYTE, Caroline	Arena 80 AC	V45 Women 83.17%	124	32
33	0:18:57	HOYTE, Kurt	Team Canter for Sight	V50 Men 77.91%	266	33
34	0:19:00	FRY, Sue	Hailsham Harriers	V40 Women 81.55%	24	34
35	0:19:07	DAVIS, Richard	Eastbourne Rovers AC	Senior Men 67.86%	75	35
36	0:19:18	STRONG, Harry	Lewes AC	Junior Men 67.22%	146	36
37	0:19:26	KOMEN, Martin	Team Canter for Sight	V50 Men 74.75%	229	37
38	0:19:31	DUNCAN, Shane	Team Canter for Sight	Senior Men 67.18%	267	38
39	0:19:44	JONES, Huw	Hailsham Harriers	Senior Men 65.74%	13	39
40	0:19:55	NEWMAN, Alan	Paddock Wood AC	V60 Men 80.29%	43	40
41	0:20:00	BAKER, Stuart	Team Canter for Sight	V45 Men 70.42%	205	41
42	0:20:02	GEALL, Barry		V50 Men 74.32%	29	42
43	0:20:10	LUMBER, Liz	Hailsham Harriers	V45 Women 80.26%	25	43
44	0:20:16	OLIPHANT, Huw	Eastbourne Rovers AC	Senior Men 64.01%	23	44
45	0:20:18	CUMMING, Ian	Team Canter for Sight	V40 Men 67.36%	270	45
46	0:20:20	KELLOND, David	Eastbourne Rovers AC	Senior Men 64.04%	108	46
47	0:20:22	LAZELL, Marguerite	Haywards Heath Harriers	V40 Women 74.20%	62	47
48	0:20:26	GARDHAM, Russell	Eastbourne Rovers AC	V45 Men 69.46%	97	48
49	0:20:27	ROBINSON, Phil	Seaford Striders RC	V50 Men 72.20%	120	49
50	0:20:36	CHITTY, Andrew	Team Canter for Sight	V60 Men 77.63%	263	50
51	0:20:37	SIDA, Helen	Team Canter for Sight	V45 Women 78.50%	236	51
52	0:20:45	LOWRY-SMITH, Steven	two and half men	V50 Men 70.01%	87	52
53	0:20:47	THOMAS, Simon	Team Canter for Sight	V50 Men 72.23%	265	53
54	0:20:55	SMITH, Gary	Heathfield RRC	V45 Men 67.34%	2	54
55	0:20:59	PURDYE, Graham	Hailsham Harriers	V55 Men 74.10%	132	55
56	0:21:04	WALTER, Chris		Junior Men 61.58%	46	56
57	0:21:09	CLEMERSON, Cedric	Heathfield RRC	V60 Men 74.87%	55	57

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58	0:21:18	MUSSON, Sally	Tonbridge AC	V60 Women	87.55%	44	58
59	0:21:22	DAVIDSON, Neil	Eastbourne Rovers AC	V40 Men	63.55%	48	59
60	0:21:24	BETTISS, Andrew	Eastbourne Rovers AC	Senior Men	60.62%	101	60
61	0:21:35	MORRIS, Nicola	Tunbridge Wells Harriers	V40 Women	72.41%	72	61
62	0:21:47	SMITH, Ben	Team Canter for Sight	Senior Men	61.45%	213	62
63	0:21:47	CATCHPOLE, Chris	Team Canter for Sight	Senior Men	59.56%	225	63
64	0:21:48	SCHOLES, Mike	Team Canter for Sight	V60 Men	74.08%	222	64
65	0:21:51	DURRANT, Charlie		Junior Men	59.37%	126	65
66	0:21:53	BORLAND, Luke	Seaford Striders RC	Senior Men	59.28%	94	66
67	0:21:55	HILDER, Ian	Team Canter for Sight	V55 Men	69.07%	208	67
68	0:21:57	WALKER, Ryan	Eastbourne Rovers AC	V45 Men	64.17%	69	68
69	0:21:57	AVEY, Terry	Brighton Phoenix	V60 Men	75.06%	7	69
70	0:21:59	FOSTER, David	Team Canter for Sight	V50 Men	66.61%	227	70
71	0:22:01	KEEP, Lizzie	Team Canter for Sight	Senior Women	65.38%	220	71
72	0:22:03	HOYTE, Finn	Worthing Harriers	Junior Men	58.84%	123	72
73	0:22:03	DIVALL, Karin	Team Canter for Sight	V55 Women	78.43%	226	73
74	0:22:07	RENFORTH, Louise	Eastbourne Rovers AC	Senior Women	65.09%	22	74
75	0:22:09	MONSON, Alex	Lewes AC	Junior Men	58.57%	161	75
76	0:22:19	WINTER, Edward	Arena 80 AC	V45 Men	63.11%	98	76
77	0:22:22	TWYMAN, Tara	Team Canter for Sight	Senior Women	64.36%	259	77
78	0:22:29	MONSON, Tim	Team Canter for Sight	V50 Men	66.77%	158	78
79	0:22:39	EMSLEY, Luke		Junior Men	57.28%	12	79
80	0:22:43	LOWRY-SMITH, Adam	two and half men	Junior Men	57.11%	86	80
81	0:22:44	RANDALL, Stu	Eastbourne Rovers AC	Senior Men	57.07%	73	81
82	0:22:47	SINDEN, Robin		V50 Men	65.35%	77	82
83	0:22:53	GRAY, Geoffrey	Eastbourne Rovers AC	V45 Men	61.55%	66	83
84	0:23:00	MILLER, Peter	Team Canter for Sight	V45 Men	61.71%	217	84
85	0:23:10	SHINGFIELD, Craig	Eastbourne Rovers AC	V40 Men	59.46%	56	85
86	0:23:16	BEARDWEL, Steve	Kent Police AC	V55 Men	66.23%	103	86
87	0:23:31	BURCHETT, Neil	Lingfield RC	V55 Men	65.53%	78	87
88	0:23:32	BEGAN, Kevin		V40 Men	58.11%	31	88
89	0:23:35	NOTTIDGE, David	Lingfield RC	V55 Men	66.53%	93	89
90	0:23:35	CLARK, Graham	Eastbourne Rovers AC	V55 Men	66.53%	111	90
91	0:23:42	COLLARD-WOOLMER, Odette	Dover Road Runners	Senior Women	62.75%	134	91
92	0:23:43	DOWLING, Carl	Team Canter for Sight	V40 Men	58.08%	260	92
93	0:23:46	JACKSON, Lisa	Team Canter for Sight	V45 Women	67.50%	240	93
94	0:23:52	MORTON, Christian	Seaford Striders RC	V45 Men	59.01%	122	94
95	0:23:54	MILLEN, Kevin		V45 Men	60.31%	121	95
96	0:23:59	WEIR, Graham	Eastbourne Rovers AC	V55 Men	64.25%	57	96
97	0:24:05	ALKABANI, Feras	Team Canter for Sight	Senior Men	53.87%	219	97
98	0:24:22	HENRY, Ziggy	Bodyworks	Junior Men	53.24%	139	98
99	0:24:23	HENRY, David	Wadhurst	V40 Men	56.90%	138	99
100	0:24:26	SMITH, Paulette	Heathfield RRC	V40 Women	63.42%	53	100
101	0:24:40	SOWTER, William	Team Jam	Junior Men	52.59%	119	101
102	0:24:45	MORRISON, Lucy	Team Canter for Sight	V40 Women	63.14%	261	102
103	0:24:46	JAMES, Sue	Paddock Wood AC	V60 Women	77.09%	42	103
104	0:24:47	HARTLAND, Colin	Team Canter for Sight	V55 Men	62.18%	268	104
105	0:24:50	WALTER, Ben		Junior Men	52.24%	47	105
106	0:24:55	SMITH, Maria	What's the Point	V40 Women	60.65%	135	106
107	0:24:56	WILKES, Peter	The Runner Beans	V70 Men	70.64%	40	107
108	0:25:02	HOLLAMBY, Vanessa	Paddock Wood AC	V50 Women	68.41%	76	108
109	0:25:07	NORMAN, Anna	Seaford Striders RC	Senior Women	57.31%	163	109
110	0:25:07	HUGHES, Pete	Team Canter for Sight	Senior Men	51.84%	253	110
111	0:25:11	DEWDNEY, Mark		V50 Men	58.15%	65	111
112	0:25:12	PIKE, Matthew		Senior Men	52.39%	9	112
113	0:25:15	WALLER, Andrew		Senior Men	51.38%	30	113
114	0:25:15	PLANT, Joe	Seaford Striders RC	Junior Men	51.38%	128	114
115	0:25:20	WATTS, Esther	Team Canter for Sight	V45 Women	62.22%	157	115
116	0:25:23	WOOLLER, Jacqueline	Eastbourne Rovers AC	V55 Women	68.83%	70	116
117	0:25:35	PIPER, Mark	Lingfield RC	V50 Men	57.24%	33	117

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118	0:25:44	PROIETTI, Roberto	Hailsham Harriers	V65 Men	65.41%	28 118
119	0:25:44	HEMSWORTH, Marion	Haywards Heath Harriers	V65 Women	74.19%	105 119
120	0:25:44	FRIZZEL, Colin		V40 Men	53.53%	130 120
121	0:25:51	STAMP, Deb	Tunbridge Wells Harriers	V40 Women	60.46%	159 121
122	0:25:52	COURTNEY, Charlotte	crouch's crawlers	Senior Women	55.65%	84 122
123	0:25:58	SAUNDERS, Sophie	Eastbourne Rovers AC	Senior Women	56.81%	21 123
124	0:26:00	WEBBER, Jackie	Seaford Striders RC	V50 Women	65.86%	147 124
125	0:26:07	KNIGHT, Jason	Brighton & Hove City AC	V45 Men	53.52%	102 125
126	0:26:12	BEARD, Natasha	Lingfield RC	Senior Women	57.21%	142 126
127	0:26:15	SMTH, John	Biker Bunnies from Hell	V45 Men	54.07%	153 127
128	0:26:16	AVIS, Christopher	Tunbridge Wells Harriers	V55 Men	58.67%	95 128
129	0:26:20	PRESTON, Michael	Lingfield RC	V45 Men	54.73%	60 129
130	0:26:22	TESTER, Sean	Eastbourne Rovers AC	V45 Men	54.66%	63 130
131	0:26:23	SIMON-HOUSE, Ruth		V40 Women	58.73%	41 131
132	0:26:32	HINDER, Graham	Eastbourne Rovers AC	V60 Men	60.87%	71 132
133	0:26:36	CHASE, David	Lingfield RC	V45 Men	52.95%	79 133
134	0:26:39	HAFFENDEN, Tim	The Gatlin Cartel	V40 Men	50.23%	148 134
135	0:26:52	EDMONSON, Tanya	Uckfield Runners	V60 Women	71.06%	156 135
136	0:26:55	STRONG, Andrew		V50 Men	54.41%	145 136
137	0:27:11	HOLDEN, Hannah	Team Canter for Sight	Senior Women	52.96%	218 137
138	0:27:14	MILLS, Robert		Junior Men	47.64%	50 138
139	0:27:27	SIDA, Charlotte	Team Canter for Sight	Junior Women	52.44%	244 139
140	0:27:27	MILLS, Chris	The Runner Beans	Junior Men	47.26%	51 140
141	0:27:32	HOWARD, Nicki	Eastbourne Rovers AC	V45 Women	59.32%	59 141
142	0:27:33	TARRY, Leo Jacob	The Gatlin Cartel	Junior Men	47.09%	115 142
143	0:27:33	TARRY, Natasha	The Gatlin Cartel	V40 Women	56.24%	114 143
144	0:27:36	WILKES, Dave	Lingfield RC	V65 Men	62.37%	131 144
145	0:27:38	RUNNER1, Unknown		Junior Men	46.95%	164 145
146	0:27:48	HALL, Richard	Team Canter for Sight	V40 Men	48.49%	234 146
147	0:27:51	SIDA, Lauren	Team Canter for Sight	Junior Women	51.69%	245 147
148	0:27:57	PROCTER, Archie		Junior Men	46.42%	92 148
149	0:27:57	REEVES, Julie	Eastbourne Rovers AC	Senior Women	51.55%	58 149
150	0:27:57	MAY, Taryn	Heathfield RRC	V40 Women	55.91%	91 150
151	0:28:06	GARDHAM, Zoe	Eastbourne Rovers AC	V45 Women	56.09%	96 151
152	0:28:07	STEVENS, Sasha	Eastbourne Rovers AC	V40 Women	55.58%	20 152
153	0:28:27	OCKENDEN, Roger	Arena 80 AC	V65 Men	59.82%	90 153
154	0:28:29	DAVIS, Debbie	Eastbourne Rovers AC	Senior Women	50.54%	110 154
155	0:28:35	STODDART, Tom	What's the Point	Senior Men	45.87%	136 155
156	0:28:43	OADES, Matthew	Team Canter for Sight	Senior Men	45.34%	250 156
157	0:28:49	HOUSDEN, Ian	Team Canter for Sight	Senior Men	45.19%	247 157
158	0:28:55	HOLDSTOCK, Michelle	Haywards Heath Harriers	Senior Women	51.02%	18 158
159	0:29:11	SIDA, Rosemary	Team Canter for Sight	Junior Women	49.33%	246 159
160	0:29:30	KEEP, Chris		V60 Men	54.75%	151 160
161	0:29:32	POWLES, Mark		V50 Men	50.41%	49 161
162	0:29:45	TESTER, Julie	Eastbourne Rovers AC	V50 Women	55.93%	64 162
163	0:29:46	Mc CREATH, Natalie	Eastbourne Rovers AC	V40 Women	52.50%	67 163
164	0:29:51	PIKE, Alison		V40 Women	50.63%	16 164
165	0:30:26	WILLMENT, Lynda	Lingfield RC	V50 Women	54.16%	61 165
166	0:30:32	RADANOV, George		V40 Men	43.84%	17 166
167	0:30:56	WILLIAMS, Stephanie	Heathfield RRC	Senior Women	48.07%	140 167
168	0:30:58	EVANS, Michael		V55 Men	48.88%	160 168
169	0:31:10	STRINGER, William	Team Jam	Junior Men	41.63%	117 169
170	0:31:25	MILLS, Frances	The Runner Beans	V45 Women	51.52%	52 170
171	0:31:37	WOOD, Vicki	Heathfield RRC	V55 Women	55.26%	137 171
172	0:31:42	JACKSON, Alistair	Veterans AC	V70 Men	57.00%	11 172
173	0:31:42	CHERRY, Jessica		Junior Women	45.41%	113 173
174	0:31:42	CHERRY, Andrew		V45 Men	44.10%	112 174
175	0:31:49	BROMWICH, Ari		Senior Women	45.24%	129 175
176	0:31:58	SMITH, Rob	Biker Bunnies from Hell	V50 Men	45.44%	152 176
177	0:32:00	WEST, David		V50 Men	45.76%	32 177

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178	0:32:11	BUCKLEY, Sammy		Junior Women	44.73%	150 178
179	0:32:11	BUCKLEY, Rhian		Senior Women	45.84%	149 179
180	0:32:28	FLINT, Maureen	The A Runners	V70 Women	64.54%	80 180
181	0:32:28	FLINT, Tony	The A Runners	V70 Men	54.94%	81 181
182	0:32:41	KEEP, Pauline	Team Canter for Sight	V55 Women	54.01%	221 182
183	0:33:11	BOORMAN, Gill	Heathfield RRC	V45 Women	47.50%	133 183
184	0:33:31	BANFIELD, Jan	Lewes AC	V55 Women	53.80%	104 184
185	0:33:33	BENHAM, Gemma		Junior Women	42.91%	100 185
186	0:33:33	SMITH, Ben	Biker Bunnies from Hell	Senior Men	38.67%	155 186
187	0:33:34	GOODWIN, Megan	Biker Bunnies from Hell	Senior Women	42.88%	154 187
188	0:33:49	MASTERS, Peter	Team Canter for Sight	V70 Men	54.85%	230 188
189	0:33:53	ROBERTS, Tracey	Lingfield RC	V50 Women	49.57%	127 189
190	0:33:59	DARTON, Caroline	Lewes AC	V60 Women	54.88%	109 190
191	0:34:11	ANDERSON, Rosalind		V65 Women	58.01%	54 191
192	0:34:33	HOBDEN, Sara	Team Canter for Sight	V50 Women	48.16%	209 192
193	0:35:37	HURCOM, Sophie	Team Canter for Sight	Senior Women	40.42%	243 193
194	0:35:37	MACK, Jocelyn	Team Canter for Sight	Senior Women	40.46%	249 194
195	0:35:45	DENYER, Jennifer	Haywards Heath Harriers	V60 Women	51.57%	19 195
196	0:37:32	BROOK, Jo	crouch's crawlers	V45 Women	42.36%	83 196
197	0:39:37	MATSON, Alistair	Lingfield RC	V70 Men	45.61%	141 197
198	0:52:22	DOBBS, David		V70 Men	35.42%	162 198
199	1:06:21	AKEHURST, Rosemary		V80 Women	38.43%	39 199
200	1:06:21	COURTNEY, Jeremy		V75 Men	28.33%	82 200

There were 200 finishers in the All Competitors category.

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