



Kings Head Canter 5K 2009

5 km Road Race - Chiddingly to East Hoathly

Monday 31st August 2009. 11:00 am

Results for All Competitors

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Age Grading</i>	<i>Race Number</i>	<i>Race Place</i>
1	0:15:50	BAKER, James	Chichester	M32	81.94%	1	1
2	0:16:21	DUMIGAN, Matthew	Worthing & District Harriers	M22	79.35%	122	2
3	0:16:37	BRISTOW, Matt	Brighton & Hove	M32	78.07%	199	3
4	0:16:44	SKELTON, Ross	Hastings	M16	77.53%	203	4
5	0:17:04	RAWBN, Matt	Haywards Heath Harriers	M15	76.02%	230	5
6	0:17:17	LUCK, Ivan	Crawley	M36	75.86%	204	6
7	0:17:21	BRADFORD, Matthew	Canter for Sight	M29	74.77%	63	7
8	0:17:22	CLIMPSON, James	Hastings	M23	74.70%	160	8
9	0:17:24	LARKIN, Jamie	Hastings	M37	75.87%	159	9
10	0:17:30	BOSSOM, Keith	Hastings	M45	79.88%	173	10
11	0:17:55	WEIR, Fraser	Eastbourne Rovers AC	M19	72.41%	174	11
12	0:17:57	BAILEY, Chris	Highgate Harriers	M46	78.47%	197	12
13	0:17:58	RADFORD, Phil	Haywards Heath Harriers	M15	72.21%	183	13
14	0:17:59	MASTERS, Andrew	Canter for Sight	M36	72.91%	74	14
15	0:18:12	BLACKMAN, Danny	Hastings Road Runners	M34	71.28%	179	15
16	0:18:20	NICHOLSON, Scott	Canter for Sight	M25	70.76%	79	16
17	0:18:25	BUTCHER, Steven		M50	78.88%	154	17
18	0:18:32	VARLEY, Ashley	Hastings Road Runners	M36	70.74%	178	18
19	0:18:48	GASSON, Paul	Arena 80	M55	80.52%	172	19
20	0:18:54	SHAW, Anthony	Crawley	M22	68.64%	149	20
21	0:18:57	BREGAZZI, Ciaran	Hailsham Harriers	M42	72.16%	11	21
22	0:18:58	RUFFELL, Andrew	Hailsham Harriers	M38	70.08%	189	22
23	0:19:02	WESTERN, James	Hastings	M14	68.16%	132	23
24	0:19:03	LOWDEN, Jamie	Lewes	M23	68.10%	239	24
25	0:19:30	HANNANT, Colin	Seaford Striders	M53	76.35%	181	25
26	0:19:34	THOMAS, Simon	Lewes	M48	73.09%	151	26
27	0:19:41	GOWER, Neil	Canter for Sight	M47	72.10%	111	27
28	0:19:44	VERY, Steve	Hailsham Harriers	M44	70.31%	191	28
29	0:19:45	CARTER, Richard	Haywards Heath Harriers	M51	74.15%	153	29
30	0:19:51	DARBY, William	Hastings	M45	70.42%	205	30
31	0:19:53	HARMAN, Jonny	Triple H	M25	65.25%	211	31
32	0:19:54	BURGESS, Joshua		M18	65.19%	201	32
33	0:20:01	WOOD, Caroline	Arena 80	F46	79.44%	24	33
34	0:20:06	BOMFORD, Simon	Canter for Sight	M38	66.13%	61	34
35	0:20:10	BRADFORD, David	Canter for Sight	M27	64.33%	62	35
36	0:20:11	SCHOLES, Mike	Canter for Sight	M56	75.66%	86	36
37	0:20:14	HUGHES, Thomas		M28	64.12%	177	37
38	0:20:15	POPKIN, Tim	Haywards Heath Harriers	M35	64.30%	175	38
39	0:20:16	MUSSON, Sally	Tonbridge AC	F56	86.21%	30	39
40	0:20:19	RAWBN, Nick	Haywards Heath Harriers	M13	63.86%	229	40
41	0:20:21	STEVENSON, Iain	Fittleworth	M34	63.75%	228	41
42	0:20:22	ROSSER, Simon	South London Harriers	M39	65.72%	89	42
43	0:20:24	MONSON, Tim	Canter for Sight	M48	70.11%	75	43
44	0:20:24	AVEY, Terry		M58	76.22%	17	44
45	0:20:37	JOHNSTONE, Jason	Hastings Road Runners	M36	63.59%	180	45
46	0:20:45	CHAPMAN, Beverley	Heathfield Road Runners	F42	74.05%	221	46
47	0:20:47	WESTERN, John	Hastings Road Runners	M45	67.26%	131	47
48	0:20:53	MOLONEY, Tim	Seaford Striders	M40	64.55%	4	48
49	0:20:55	STEPHENSON, Mark	Arena 80	M49	68.91%	25	49
50	0:20:56	NAYLOR, Chris	Arena 80	F54	81.81%	133	50
51	0:20:58	WILLIAMS, Huw	Canter for Sight	M48	68.21%	109	51
52	0:20:59	CHAPMAN, Graham	Heathfield Road Runners	M47	67.64%	220	52
53	0:21:13	PARKIN, Julian	Canter for Sight	M52	69.59%	82	53
54	0:21:18	HALL, Rebecca	Bexhill Runners	F27	67.58%	129	54
55	0:21:20	NAYLOR, Mike	Arena 80	M59	73.55%	134	55
56	0:21:20	FOSTER, David	Lewes	M45	65.52%	148	56
57	0:21:31	BURRELL, Jonathan		M46	65.46%	32	57

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Age Grading</i>	<i>Race Number</i>	<i>Race Place</i>
58	0:21:32	SKELTON, Dean	Hastings	M21	60.25%	206	58
59	0:21:32	BULGER, Claire	Seaford Striders	F23	66.85%	140	59
60	0:21:38	HUGHES, Jenny	Arena 80	F48	74.82%	36	60
61	0:21:43	JAMIE, Fiona	Arena 80	F49	75.20%	47	61
62	0:21:47	LOWRY-SMITH, Steven		M44	63.70%	39	62
63	0:22:05	CASEY, Paul		M42	61.92%	165	63
64	0:22:12	TOWERS, Andy	Lewes	M51	65.96%	56	64
65	0:22:17	ROGERS, Daniel		M31	58.22%	169	65
66	0:22:20	VON RIEBECH, Sarah		F26	64.46%	128	66
67	0:22:23	LAMBOURNE, Johanna	Hastings Road Runners	F32	64.31%	214	67
68	0:22:24	COSTELLO, Michael	Wolves & Bilston	M43	61.50%	186	68
69	0:22:27	WIBLEY, Colin	Lewes	M55	67.43%	219	69
70	0:22:37	PEARSON, Jon	Canter for Sight	M35	57.57%	110	70
71	0:22:37	HILDER, Ian		M49	63.73%	29	71
72	0:22:47	CASEY, Gill		F43	68.01%	164	72
73	0:22:50	EVERTON, John	Canter for Sight	M30	56.82%	66	73
74	0:22:51	TWIDDY, James		M34	56.78%	238	74
75	0:22:52	HARRIS, Robin	Redhill District Royal Mail RC	M45	61.13%	3	75
76	0:22:54	DELVES, Frances		F57	77.09%	52	76
77	0:22:55	JAMES, Sam	Canter for Sight	M21	56.61%	72	77
78	0:23:01	OPPE, Daniel	Lingfield RC	M26	56.36%	194	78
79	0:23:07	SWAN, Carolyn	Lingfield RC	F42	66.47%	162	79
80	0:23:12	MILLER, Peter	Lewes	M41	58.52%	141	80
81	0:23:16	HOSKINS, Andy	Canter for Sight	M29	55.76%	70	81
82	0:23:22	SHINN, Richard		M36	56.11%	13	82
83	0:23:33	SUKOLO, Juliette		F35	61.66%	171	83
84	0:23:34	HALLIDAY, Liz		F46	67.47%	112	84
85	0:23:37	HOUSDEN, Ian	Canter for Sight	M29	54.93%	71	85
86	0:23:41	WINTER, Eddie	Arena 80	M40	56.92%	207	86
87	0:23:43	HUGHES, Robert	Lewes	M61	67.42%	176	87
88	0:23:43	BLACKBURN, Duncan	Henfield Joggers	M48	60.30%	20	88
89	0:23:45	WALKER, Max		M14	54.62%	235	89
90	0:23:47	OADES, Matthew	Canter for Sight	M29	54.55%	80	90
91	0:23:50	PUGH, John	JAWS	M57	64.66%	45	91
92	0:23:52	MUIR, Isobel	Arena 80	F31	60.31%	185	92
93	0:23:54	WEBBER, Robert	Seaford Striders	M52	61.77%	224	93
94	0:23:56	PAGE, Robert	Arena 80	M51	61.19%	35	94
95	0:23:59	CLEGG, James	Lingfield RC	M68	71.77%	93	95
96	0:24:04	LANE, Michael	Canter for Sight	M67	70.71%	73	96
97	0:24:14	LUCK, Bob	East Grinstead Tri Club	M66	69.45%	119	97
98	0:24:18	ENGLISH, Dave	Henfield Joggers	NDB		94	98
99	0:24:19	POWLES, Mark		M47	58.37%	12	99
100	0:24:20	DAFF, Stella	Fittleworth	F39	61.60%	37	100
101	0:24:21	EATON, Graham	K2 Run Club	M51	60.14%	223	101
102	0:24:22	FARMER, Vanessa		F28	59.08%	7	102
103	0:24:23	OCKENDEN, Roger	Arena 80	M61	65.58%	44	103
104	0:24:28	PURCHASE, Rupert	Canter for Sight	M65	68.03%	83	104
105	0:24:41	WRIGHT, Kim	Lingfield RC	F24	58.32%	143	105
106	0:24:45	KEEP, Elizabeth	Lewes	F17	58.16%	103	106
107	0:24:46	CRYER, Paul		M39	54.05%	234	107
108	0:24:50	BEDFORD, Bill	Fittleworth	M51	58.97%	209	108
109	0:24:57	DOWLING, Joshua		M12	52.00%	113	109
110	0:25:07	HAIG, Andrew	Phoenix AC	M64	65.60%	202	110
111	0:25:12	WILLIAMS, Nina		F42	60.98%	116	111
112	0:25:13	BLACKBURN, Rory	Henfield Joggers	M11	51.45%	22	112
113	0:25:14	COLBOURNE, Daniel		M24	51.41%	192	113
114	0:25:14	WAREING, Elizabeth	Lingfield RC	F40	59.89%	232	114
115	0:25:17	HARMAN, Elizabeth	Triple H	F29	56.93%	142	115
116	0:25:21	WILKES, David	Lingfield RC	M62	63.71%	195	116

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117	0:25:27	LEWIS, Lesley	Brighton and Hove Running Sisters	F43	60.88%	231	117
118	0:25:27	PRESTON, Mike	Lingfield RC	M43	54.13%	193	118
119	0:25:29	HOLBECH, Neil		M49	56.56%	137	119
120	0:25:29	HOLBECH, Tobias	Lewes	M14	50.91%	136	120
121	0:25:30	WARNER, Graham		M57	60.43%	19	121
122	0:25:40	BOROWSKI, Tanya		F42	59.87%	104	122
123	0:25:41	MOORE, Dennis	Lingfield RC	M60	61.65%	50	123
124	0:25:54	BULGER, Martin	Seaford Striders	M59	60.58%	139	124
125	0:25:57	HAIGH, Stewart	Ackworth RR & AC	M61	61.62%	150	125
126	0:26:04	SHADBOLT, Tammy	Crowborough Runners	F26	55.22%	90	126
127	0:26:08	SWAN, Michael	Lingfield RC	M49	55.15%	161	127
128	0:26:08	EVANS, Michael		M49	55.15%	222	128
129	0:26:08	ALLAN, Peter		M57	58.97%	156	129
130	0:26:22	COUTANCHE, Sally	Lingfield RC	F35	55.07%	152	130
131	0:26:23	GIBSON, Viv	Lingfield RC	F45	59.74%	51	131
132	0:26:32	LOWDEN, Joscelin	Lewes	F21	54.25%	240	132
133	0:26:36	FITZGERALD, Anthony	Utopia	M52	55.50%	147	133
134	0:26:42	KITSON, Terry	Hastings Road Runners	M57	57.71%	58	134
135	0:26:55	COSTELLO, Alex		M17	48.20%	188	135
136	0:26:57	PIPER, Mark	Lingfield RC	M45	51.87%	59	136
137	0:26:59	ALLUM, Richard		M50	53.83%	190	137
138	0:27:15	BUSS, Julian		M39	49.12%	215	138
139	0:27:18	BROOKS, Anne	Hastings Road Runners	F58	65.36%	10	139
140	0:27:21	WEEKS, Gail		F52	61.41%	208	140
141	0:27:23	MONSON, Alex	Canter for Sight	M8	47.38%	78	141
142	0:27:28	COURAGE, Brian		M38	48.39%	120	142
143	0:27:35	TAYLOR, Jane		F33	52.19%	233	143
144	0:27:39	WEBBER, Jackie	Seaford Striders	F47	58.02%	227	144
145	0:27:41	NOAKES, James		M55	54.68%	48	145
146	0:27:43	GASKELL, Catherine		F28	51.94%	95	146
147	0:27:47	FULLER, Stefanie	Canter for Sight	F26	51.81%	69	147
148	0:27:50	CHERRY, Andrew		M39	48.09%	98	148
149	0:27:50	CHERRY, Sally		F29	51.72%	99	149
150	0:27:54	PENNELL, Lloyd	Pennells	M18	46.50%	217	150
151	0:27:55	PENNELL, Dean	Pennells	M14	46.47%	117	151
152	0:27:55	PENNELL, David	Pennells	M43	49.34%	118	152
153	0:27:58	MASTERS, Peter	Canter for Sight	M67	60.85%	125	153
154	0:28:01	NYBORG, Anne		F43	55.31%	226	154
155	0:28:03	JOSHAM, Douglas		M29	46.25%	96	155
156	0:28:09	DOWLING, Gareth		M45	49.66%	114	156
157	0:28:09	HAMMERTON, Frankie	Triple H	F24	51.14%	212	157
158	0:28:09	RYAN, Julie		F47	56.99%	158	158
159	0:28:21	NOAKES, Susan		F55	61.00%	49	159
160	0:28:24	KEEP, Chris		M56	53.77%	101	160
161	0:28:30	ALLEN, Michael		M35	45.69%	213	161
162	0:28:31	DEE, Michael	Henfield Joggers	M70	61.76%	42	162
163	0:28:33	HOLLIS, Bridget	Lingfield RC	F53	59.40%	200	163
164	0:28:41	MILLER, Matthew		M39	46.67%	135	164
165	0:28:42	MOSS, Alex		M29	45.20%	14	165
166	0:28:50	LONGLEY, Derick		M35	45.16%	216	166
167	0:28:56	WARNER, Ali		F51	57.50%	18	167
168	0:28:58	CLEAR, Benjamin	Canter for Sight	M27	44.79%	107	168
169	0:29:03	WHITCROFT, Kay	Brighton & Hove	F35	49.99%	34	169
170	0:29:18	BRICE, Martin		M55	51.67%	121	170
171	0:29:19	WICKER, Martin	Canter for Sight	M45	47.68%	87	171
172	0:29:26	COSTELLO, Amanda		F46	54.02%	184	172
173	0:29:27	VUILLEMEY, Yannick		M41	46.10%	97	173
174	0:29:31	KEMPTON, Jeremy		M39	45.35%	33	174
175	0:29:55	WEST, David		M45	46.72%	28	175

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176	0:29:55	LOWDEN, Christine	Lewes	F51	55.61%	241	176
177	0:29:57	FRIZZELL, Robyn		F12	48.06%	145	177
178	0:29:58	FRIZZELL, Colin		M37	44.05%	144	178
179	0:30:00	MENDES, Caroline		F47	53.48%	106	179
180	0:30:30	PARTRICK, Michael		M49	47.26%	54	180
181	0:30:33	RAYNER, Colin		M49	47.18%	196	181
182	0:30:40	DIEBEL, Michael	Lingfield RC	M63	53.19%	163	182
183	0:30:45	CROWE, Louise	Canter for Sight	F29	46.81%	64	183
184	0:30:53	MURRAY, Morag	Hastings Road Runners	F51	53.87%	167	184
185	0:30:53	RYAN, Lynnette		F51	53.87%	157	185
186	0:30:53	JACKSON, Alistair	Veterans AC	M66	54.50%	146	186
187	0:31:03	RYAN, Dennis		M51	47.16%	155	187
188	0:31:07	LASHBROOK, Lynn		F35	46.67%	225	188
189	0:31:12	TOMSETT, Callum	Canter for Sight	M35	41.74%	84	189
190	0:31:22	TOMSETT, Kelly	Canter for Sight	F29	45.89%	85	190
191	0:31:31	MASTERS, Stephanie	Canter for Sight	F16	45.67%	126	191
192	0:31:35	SQUIRES, Bernadette		F40	47.85%	91	192
193	0:31:39	LACEY, David	Lingfield RC	M47	44.84%	9	193
194	0:31:42	KITSON, Irene	Hastings Road Runners	F56	55.12%	57	194
195	0:32:20	HARRISSON, Clare	Lingfield RC	F50	50.97%	43	195
196	0:32:20	KEEP, Pauline		F51	51.46%	102	196
197	0:32:24	LANNING, Lindy		F60	56.25%	53	197
198	0:32:32	LACEY, Alison	Lingfield RC	F41	46.84%	8	198
199	0:32:33	GILES, Philip		M38	40.84%	237	199
200	0:32:36	LOCKYER, Charlotte	Canter for Sight	F16	44.16%	127	200
201	0:32:55	HUME, John		M51	44.49%	236	201
202	0:32:56	REBBOCK, Chris	Lingfield RC	M37	40.09%	100	202
203	0:33:02	SAIT, Joanna	Lingfield RC	F36	44.31%	38	203
204	0:33:19	PARRY, Pennie		F30	43.21%	168	204
205	0:33:37	CROWHURST, Trevor		M72	53.75%	123	205
206	0:33:55	FRANCIS, Dawn	Lingfield RC	F40	44.56%	166	206
207	0:33:56	PENFOLD, Abi		F39	44.18%	182	207
208	0:34:09	BLACKBURN, Todd	Henfield Joggers	M9	37.99%	23	208
209	0:34:27	JENNINGS, Linda	Seaford Striders	F56	50.72%	138	209
210	0:34:34	GOATLEY, Aidan		M38	38.45%	5	210
211	0:34:35	BEERLING, Julie	Hastings Road Runners	F47	46.39%	170	211
212	0:35:01	MONSON, Fiona	Canter for Sight	F42	43.88%	76	212
213	0:35:47	HART, Caroline		F44	43.67%	105	213
214	0:35:59	BARBER, Nick		M39	37.20%	15	214
215	0:36:24	DISILVA, Nicola		F38	40.85%	16	215
216	0:36:33	EVERITT, Kath	Canter for Sight	F29	39.38%	65	216
217	0:38:28	BLACKBURN, Hilary	Henfield Joggers	F48	42.08%	21	217
218	0:38:38	DOBBS, David		M68	44.55%	242	218
219	0:39:05	JOE, Charlene	Fittleworth	F48	41.41%	210	219
220	0:39:49	PARTRICK, Linda		F45	39.59%	55	220
221	0:43:10	MONSON, Sam	Canter for Sight	M12	30.05%	77	221
222	0:44:17	FULLER, Carole	Canter for Sight	F59	40.72%	124	222
223	0:48:33	DEE, Cynthia	Henfield Joggers	F64	39.32%	41	223
224	0:56:55	AKEHURST, Rosemary		F76	39.85%	31	224

There were 224 finishers in the All Competitors category.

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