



Kings Head Canter 5K 2010

5 km Road Race - Chiddingly to East Hoathly

Monday 30th August 2010. 11:00 am

Results for All Competitors

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Age Category</i>	<i>Age Grading</i>	<i>Race Number</i>	<i>Race Place</i>
1	0:15:44	DUMIGAN, Matthew		M23	82.46%	184	1
2	0:16:07	BAKER, James	Chichester	M33	80.50%	1	2
3	0:16:21	THOMAS, Max	Hastings	M17	79.35%	187	3
4	0:16:24	ANDERSON, Daniel	Hastings	M33	79.11%	146	4
5	0:16:30	BRADFORD, Matthew	Canter for Sight	M30	78.63%	36	5
6	0:16:37	FOOTMAN, Martin		M30	78.07%	2	6
7	0:16:38	BRISTOW, Matt	Brighton & Hove	M33	78.00%	225	7
8	0:16:40	BRADFORD, David	Canter for Sight	M28	77.84%	34	8
9	0:16:58	PAINTER, Josh	Brighton & Hove	M36	77.28%	163	9
10	0:17:01	VARNEY, Joshua	Hastings	M22	76.24%	90	10
11	0:17:22	RIX, Michael		M39	77.08%	137	11
12	0:17:26	EVERETT, Kris	Hastings	M17	74.42%	188	12
13	0:18:04	NICHOLSON, Scott	Canter for Sight	M26	71.81%	50	13
14	0:18:21	BURGESS, Joshua	Lewes	M19	70.70%	183	14
15	0:18:26	RUDWICK, Charlton	Arena 80	M44	75.27%	114	15
16	0:18:35	WEIR, Fraser	Eastbourne Rovers AC	M20	69.81%	18	16
17	0:19:02	PRIESTNALL, Sam		M32	68.16%	89	17
18	0:19:11	CHRYSTIE, Rob	Canter for Sight	M30	67.63%	231	18
19	0:19:15	STEVENSON, Iain		M35	67.64%	91	19
20	0:19:18	MATTHEWS, John		M37	68.40%	190	20
21	0:19:30	HANNANT, Colin	Seaford Striders	M54	76.98%	78	21
22	0:19:32	ADAMS, Richard	Lingfield RC	M31	66.42%	167	22
23	0:19:38	THOMAS, Simon	Canter for Sight	M49	73.41%	55	23
24	0:19:41	LEACH, David	Lewes	M51	74.40%	180	24
25	0:19:47	MUSSON, Sally	Tonbridge AC	F57	89.24%	28	25
26	0:19:49	HARMAN, Jonny		M26	65.47%	211	26
27	0:19:55	ROLLINGS, Robert		M24	65.14%	209	27
28	0:20:12	CALLIAFAS, Tim	Canter for Sight	M15	64.22%	37	28
29	0:20:17	SOROHEN, Matthew	Phoenix AC	M38	65.53%	173	29
30	0:20:22	WOOD, Caroline		F47	78.77%	7	30
31	0:20:31	SALT, Darren	Lewes	M40	65.70%	198	31
32	0:20:35	HOMEWOOD, Matthew	Canter for Sight	M39	65.03%	97	32
33	0:20:36	CHAPMAN, Beverley	Heathfield Road Runners	F43	75.22%	88	33
34	0:20:37	AVEY, Terry	Phoenix AC	M59	76.11%	29	34
35	0:20:50	FRASER, Bill	Hailsham Harriers	M58	74.63%	169	35
36	0:20:53	MASTERS, Andrew	Lewes	M37	63.22%	196	36
37	0:20:55	PARKIN, Julian	Canter for Sight	M53	71.18%	52	37
38	0:20:56	STUTTERS, Tom		M17	61.97%	182	38
39	0:20:57	BURRELL, Jonathan		M47	67.74%	20	39
40	0:20:58	POPKIN, Tim	Haywards Heath Harriers	M36	62.53%	226	40
41	0:21:03	NAYLOR, Chris	Arena 80	F55	82.15%	150	41
42	0:21:10	STEPHENSON, Mark		M50	68.63%	10	42
43	0:21:11	SWAN, Carolyn	Lingfield RC	F43	73.15%	194	43
44	0:21:12	EATON, Graham	K2 Run Club	M52	69.64%	162	44
45	0:21:13	MILES, Nick		M35	61.37%	191	45
46	0:21:13	JUDD, Maria	Canter for Sight	F44	73.66%	197	46
47	0:21:22	LOWRY-SMITH, Steven		M45	65.42%	26	47
48	0:21:29	FOSTER, David	Canter for Sight	M46	65.56%	42	48
49	0:21:32	MARTIN, Ben	Hailsham Harriers	M33	60.25%	140	49
50	0:21:41	LEWIS, Julia		F39	69.13%	124	50
51	0:21:50	FULLER, Natasha	Canter for Sight	F36	67.04%	204	51
52	0:21:54	OADES, Matthew	Canter for Sight	M30	59.24%	51	52
53	0:21:56	BOBIN, Paul		M28	59.15%	84	53
54	0:21:59	HILDER, Ian		M50	66.08%	178	54
55	0:22:00	DALY, Matt		M42	62.16%	142	55
56	0:22:01	BULGER, Claire	Seaford Striders	F24	65.38%	154	56
57	0:22:05	COURTNEY, Charles	Courtney Clan	M15	58.75%	121	57

Kings Head Canter is sponsored by The Kings Head, home of the 1648 Brewery, and The Jog Shop, Brighton.

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Results for All Competitors in finish order.

Place	Time	Name	Team	Age Category	Age	Race	Race
					Grading	Number	Place
58	0:22:08	COLEMAN, John	Lewes	M62	72.97%	135	58
59	0:22:10	HOUSDEN, Ian	Canter for Sight	M30	58.53%	46	59
60	0:22:15	BROWN, Michael	Shy Teds	M24	58.31%	201	60
61	0:22:16	TWIDDY, James	Shy Teds	M35	58.48%	200	61
62	0:22:22	MILLER, Peter	Canter for Sight	M42	61.14%	45	62
63	0:22:39	ALLEN, Paul	Lingfield RC	M55	66.83%	164	63
64	0:22:41	EMERY, Paul		M47	62.57%	223	64
65	0:22:44	JEPSON, Nicola		F37	64.89%	139	65
66	0:22:47	HEWITT, Simon		M23	56.94%	171	66
67	0:22:51	ALLEN, Martin		M37	57.78%	63	67
68	0:23:07	HALLIDAY, Liz	Phoenix AC	F47	69.40%	111	68
69	0:23:24	DAY, Deborah		F47	68.56%	230	69
70	0:23:29	BENNETT, Graeme	Lingfield RC	M56	65.03%	149	70
71	0:23:32	SQUIRES, Connor		M14	55.13%	61	71
72	0:23:38	RAMSEY, Juliette	Hastings Road Runners	F40	63.95%	157	72
73	0:23:43	STAINES, Mick		M62	68.10%	75	73
74	0:23:45	SWALLOW, Mike	Canter for Sight	M42	57.58%	106	74
75	0:23:47	COTTINGHAM, Alan	Maybe Next Year	M28	54.55%	81	75
76	0:23:48	FRIZZELL, Colin	Maybe Next Year	M38	55.85%	80	76
77	0:23:55	WEIR, Graham	Eastbourne Rovers AC	M52	61.73%	19	77
78	0:23:59	TOMSETT, Liam		M29	54.09%	216	78
79	0:24:01	ALLEN, Michael		M36	54.59%	136	79
80	0:24:08	COURAGE, Brian		M39	55.47%	73	80
81	0:24:16	LINE, David		M41	55.95%	177	81
82	0:24:20	ROBERTS, Kirsty	Lingfield RC	F31	59.16%	153	82
83	0:24:21	WEBBER, Robert	Seaford Striders	M53	61.14%	174	83
84	0:24:25	DUNCAN, Shane		M31	53.13%	207	84
85	0:24:26	SHOUBRIDGE, Eric		M59	64.22%	6	85
86	0:24:29	CARTER, Richard	Brighton & Hove	M45	57.09%	218	86
87	0:24:30	GILES, Lee		M41	55.42%	129	87
88	0:24:31	KING, Tracey	Brighton & Hove	F32	58.72%	3	88
89	0:24:31	DIVALL, Karin	Canter for Sight	F50	67.23%	41	89
90	0:24:32	SINDEN, Robin		M48	58.30%	68	90
91	0:24:32	DAFF, Stella	Fittleworth	F41	62.11%	22	91
92	0:24:33	SUPPEL, Lazio		M33	52.84%	12	92
93	0:24:35	MILES, Sarah	Canter for Sight	F34	58.61%	122	93
94	0:24:41	WINTER, Eddie	Arena 80	M41	55.01%	181	94
95	0:24:42	PIPER, Mark	Lingfield RC	M46	57.02%	77	95
96	0:24:43	CLEGG, Barrie	Lingfield RC	M70	71.26%	71	96
97	0:24:45	OCKENDEN, Roger	Arena 80	M62	65.25%	67	97
98	0:24:48	PURCHASE, Rupert	Canter for Sight	M66	67.87%	53	98
99	0:24:51	ENGLAND, Alma		NDB		110	99
100	0:25:09	REILLY, Sam		M20	51.58%	170	100
101	0:25:10	BURGOYNE, Guy	R P Fighting Blindness	M25	51.55%	221	101
102	0:25:11	ROSSI, William	Courtney Clan	M17	51.52%	119	102
103	0:25:12	FITZGERALD, Anthony	Utopia	M53	59.08%	117	103
104	0:25:25	MORGAN, Ed	Canter for Sight	M27	51.04%	94	104
105	0:25:25	WARNER, Graham		M58	61.17%	13	105
106	0:25:31	HARRISON, Will	Canter for Sight	M27	50.84%	44	106
107	0:25:33	MASTERS, Peter	Canter for Sight	M69	68.14%	49	107
108	0:25:39	MORGAN, Henry		M23	50.58%	228	108
109	0:25:42	MATSON, Alistair	Crawley	M67	66.22%	148	109
110	0:25:43	HARMAN, Elizabeth		F30	55.98%	210	110
111	0:25:52	HUNT, Hugo	Canter for Sight	M26	50.15%	222	111
112	0:25:56	SWAN, Michael	Lingfield RC	M50	56.01%	195	112
113	0:26:03	MONSON, Alex	Canter for Sight	M9	49.80%	103	113
114	0:26:19	MCDUGALL, Kevin		M34	49.30%	59	114
115	0:26:23	BUSS, Julian	Hastings Road Runners	M40	51.09%	70	115
116	0:26:33	TAYLOR, Elizabeth		F36	55.13%	213	116
117	0:26:34	BATES, Naomi		F25	54.18%	143	117

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118	0:26:36	BLACKBURN, Michala		F37	55.46%	133	118
119	0:26:37	GIBSON, Viv	Lingfield RC	F46	59.74%	16	119
120	0:26:38	HENRY, Denise		F42	57.70%	189	120
121	0:26:38	O'REILLY, Rob	Shy Teds	M29	48.71%	199	121
122	0:26:44	COTTINGHAM, David	Maybe Next Year	M53	55.69%	82	122
123	0:26:51	BULGER, Martin	Seaford Striders	M60	58.97%	155	123
124	0:26:58	BLANDFORD, Fleur	Utopia	M48	53.04%	152	124
125	0:27:10	MILLS, Robert		M11	47.75%	11	125
126	0:27:10	HOLMES, Robin	Canter for Sight	F25	52.99%	96	126
127	0:27:11	RYAN, Julie		F48	59.54%	165	127
128	0:27:19	AYERS, Naomi		F36	53.58%	21	128
129	0:27:23	LAMBOURNE, Johanna	Hastings Road Runners	F33	52.57%	69	129
130	0:27:25	LOVELL, Ian	Hastings	M50	52.98%	141	130
131	0:27:29	FORMAN, Shelley		F30	52.38%	134	131
132	0:27:39	POWLES, Mark		M48	51.73%	72	132
133	0:27:44	WEST, David		M46	50.79%	15	133
134	0:27:48	CONNING, Sarah		F35	52.24%	179	134
135	0:27:50	WICKER, Martin	Canter for Sight	M46	50.60%	58	135
136	0:27:52	KITSON, Terry	Hastings Road Runners	M58	55.79%	186	136
137	0:27:53	VUILLEMEY, Yannick		M42	49.04%	156	137
138	0:27:58	MONSON, Tim	Canter for Sight	M49	51.54%	100	138
139	0:28:15	SMIT, Femie		F38	52.64%	229	139
140	0:28:23	COOLEY, Bob		M60	55.79%	205	140
141	0:28:31	RUDWICK, Peter		M39	46.94%	116	141
142	0:28:37	PARTRICK, Michael		M50	50.76%	24	142
143	0:28:41	MILLER, Matthew		M40	47.00%	125	143
144	0:28:42	FRANKLIN, David		M57	53.69%	86	144
145	0:28:52	MILLS, Chris		M8	44.94%	8	145
146	0:28:55	BRICE, Martin		M56	52.81%	27	146
147	0:28:56	MILLS, Frances		F43	53.55%	9	147
148	0:28:58	COSTELLO, Amanda		F47	55.38%	202	148
149	0:29:03	AVIS, Chris		M52	50.82%	108	149
150	0:29:04	WHITE, Chris	Canter for Sight	M40	46.38%	57	150
151	0:29:05	WARNER, Ali		F52	57.75%	14	151
152	0:29:18	COOLEY, Christine		F57	60.25%	206	152
153	0:29:24	RONINSON, Susan	Lingfield RC	F46	54.08%	144	153
154	0:29:25	MOORE, Dennis	Lingfield RC	M61	54.36%	17	154
155	0:29:33	RUSHTON, Chris		M33	43.90%	214	155
156	0:29:33	CLEAR, Benjamin	Canter for Sight	M28	43.90%	38	156
157	0:29:40	LINE, Annie	Seaford Striders	F13	48.52%	176	157
158	0:29:42	BOBIN, Sally		F31	48.47%	85	158
159	0:29:42	FRANKLIN, Linda		F56	58.83%	87	159
160	0:30:11	RYAN, Lynnette		F52	55.65%	160	160
161	0:30:18	LINE, Alice	Seaford Striders	F13	47.51%	175	161
162	0:30:46	BAILY, Chris	Canter for Sight	M33	42.17%	93	162
163	0:30:55	RAYNER, Colin		M50	46.98%	166	163
164	0:30:57	ASHLEY-SMITH, Amy		F25	46.51%	208	164
165	0:31:01	NIGHTINGALE, Dorian		M39	43.16%	112	165
166	0:31:04	BROWN, Liz		F26	46.34%	215	166
167	0:31:04	LEFORT, Amie		F24	46.34%	172	167
168	0:31:06	DREW, Helen		F37	47.43%	212	168
169	0:31:07	PENFOLD, Abi	Hailsham Harriers	F40	48.57%	203	169
170	0:31:08	GEORGE, Catherine		F47	51.53%	145	170
171	0:31:14	SQUIRES, Bernie		F41	48.79%	60	171
172	0:31:14	PAUL, Louise		F26	46.09%	192	172
173	0:31:39	KEEP, Pauline		F52	53.07%	224	173
174	0:31:43	RANSON, Hayley		F47	50.58%	92	174
175	0:31:50	RYAN, Dennis		M52	46.38%	159	175
176	0:32:02	KITSON, Irene	Hastings Road Runners	F57	55.11%	185	176
177	0:32:20	JACKSON, Alistair	Veterans AC	M67	52.64%	66	177

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178	0:32:22	STONELEY, Debbie		F53	52.40%	193	178
179	0:32:23	BEERLING, Julie	Hastings Road Runners	F48	49.98%	113	179
180	0:32:26	COURTNEY, Charlotte	Courtney Clan	F22	44.38%	118	180
181	0:32:30	PLUMMER, Kim		F40	46.50%	76	181
182	0:32:43	HUDSON, Sue	Phoenix AC	F56	53.40%	83	182
183	0:33:07	DREW, Graham	Canter for Sight	M24	39.17%	220	183
184	0:33:10	ROSSI, Arthur	Courtney Clan	M14	39.12%	120	184
185	0:33:40	EVENDEN, Sam	Seaford Striders	F34	42.80%	128	185
186	0:33:45	MURRAY, Morag	Hastings Road Runners	F52	49.77%	65	186
187	0:33:47	DEE, Michael	Henfield Joggers	M71	52.80%	158	187
188	0:34:45	BOTTING, Darrin		M45	40.23%	138	188
189	0:34:54	KININMONTH, Harriet	Canter for Sight	F26	41.25%	219	189
190	0:35:30	MILLS, Ron		M46	39.68%	79	190
191	0:35:50	CROWHURST, Trevor		M73	51.09%	168	191
192	0:36:46	MONSON, Sam	Canter for Sight	M13	35.29%	102	192
193	0:37:15	MONSON, Fiona	Canter for Sight	F43	41.60%	101	193
194	0:37:23	TOMSETT, Callum	Canter for Sight	M36	35.07%	56	194
195	0:37:24	POVEY, Neil		M40	36.04%	62	195
196	0:37:50	NICHOLSON, Pam	Canter for Sight	F53	44.83%	104	196
197	0:37:55	HENRY, Kilian		M72	47.65%	147	197
198	0:38:14	WELLER, Jennifer	Canter for Sight	F52	43.93%	107	198
199	0:39:04	BRADFORD, Janet	Canter for Sight	F58	45.67%	35	199
200	0:39:30	STATTER, Lexi	Canter for Sight	F19	36.44%	123	200
201	0:40:08	NAYLOR, Mike	Arena 80	M60	39.46%	151	201
202	0:40:27	HAMMOND, Emma		F28	35.59%	217	202
203	0:40:52	WHATFORD, Michelle	Seaford Striders	F39	36.68%	127	203
204	0:41:16	MACDIARMID, Lynne		F55	41.91%	126	204
205	0:42:03	COXHEAD, Debbie		F46	37.81%	227	205
206	0:44:35	DOBBS, David		M69	39.05%	30	206
207	0:47:02	FULLER, Carole	Canter for Sight	F60	38.75%	43	207
208	0:55:49	AKEHURST, Rosemary		F77	41.37%	32	208

There were 208 finishers in the All Competitors category.

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